

Schema Therapy

Summary of Workshop Dates 2016

Schema Therapy Workshops Ltd is a specialist provider of all levels of schema therapy training and is pleased to present this summary of our planned dates in 2016. You will be able to find registration/application details on our website pages. Our workshops are designed to either introduce you to the model, or to help you deepen your understanding and to build upon previous trainings and strengthen your skills. Our workshops are approved by the International Society of Schema Therapy (ISST) and can be attended as “stand-alone” workshops or as part of our various certification programmes leading to accreditation as a schema therapist. **To date, 35 mental health professionals have achieved eligibility for ISST-accreditation as a schema therapist through our training programmes.**

	Manchester	London
Workshop 1 (3-day): Schema Therapy: The Model, Methods & Techniques & Working with Complex Presentations	Mon, Tues & Wed, 14, 15, 16 March 2016	Mon, Tues & Wed, 6, 7, 8 June 2016
Workshop 2 (3-day): Schema Therapy: Beyond the Basics & Working with Complex Presentations	Mon, Tues & Wed, 13, 14, 15 June 2016	Mon, Tues & Wed, 5, 6, 7 Sept 2016
<u>One-Day Skills Development & final day of Certification Programme</u> This workshop is split into 2 different subjects: (1) Structure and process of a typical schema therapy session (½ day) (2) Working with OCPD (½ day)	Thurs, 16 June 2016	Thurs, 8 Sept 2016
Further workshops TBA	TBA	TBA

Group Schema Therapy (GST)

Joan Farrell and Ida Shaw have now led 5 Group Schema Therapy (GST) workshops in London. They will be returning to London from the USA in March 2016 as part of their World Spring Training Tour to provide further training in GST, if there is sufficient demand. **Please register your interest otherwise the workshop might not go ahead.**

Options for Group Schema Therapy workshops:	London
There is a range of options from total beginner to advanced GST practitioner and those wishing to pursue ISST accreditation in Group Schema Therapy. The GST workshops are facilitated by Joan Farrell and Ida Shaw from the USA.	Mon 7 March – Fri 11 March 2016